

MOTHER-DAUGHTER SUMMIT



"It takes a village to raise a child."
— African Proverb

Youth EmpowerMe Foundation, Inc.

Youth EmpowerMe Foundation, Inc is a 501c3 committed to empowering youth and families by promoting parent advocacy, providing mentorship, conferences, seminars, resources, and events focusing on social and life skills.

EmpowerHer EmpowerMe Summit

The EmpowerHer EmpowerMe Mother-Daughter Summit is uplifting and transformational! We provide “a village” for girls, moms, and mother figures to empower and enhance their relationships. During the summit, the women, alongside their daughters, participate in workshops and panel discussions focusing on financial literacy, health and wellness, social and emotional development, character building, entrepreneurship, leadership, and decision-making skills. Visit our website empowerherempowerme.com for more information. Follow us on Facebook and Instagram [@EmpowerHerEmpowerMe](https://www.instagram.com/EmpowerHerEmpowerMe).



2023 SUMMIT BLOCK OF EVENTS

7:00am–8:00am	REGISTRATION
8:00am–8:45am	BREATHE! CHILL! YOGA!
8:45am–9:15am	MARKETPLACE: VENDORS & 360 PHOTOBOOTH
9:30am–10:00am	WELCOME & OPENING REMARKS
10:15am–10:45am	BREAKOUT SESSION 1: A PRETTY FACE BEGINS WITH YOUR PLATE, MOMFIDENCE, MONEY ON MY MIND
11:00am–11:30am	BREAKOUT SESSION 2: A PRETTY FACE BEGINS WITH YOUR PLATE, MOMFIDENCE, MONEY ON MY MIND
11:30am–12:00am	MARKETPLACE (VENDORS & PHOTO BOOTH)
12:00pm–1:00pm	LUNCH
1:15pm–1:45pm	BREAKOUT SESSION 3: A PRETTY FACE BEGINS WITH YOUR PLATE, MOMFIDENCE, FINANCIAL SWAG BAG
2:00pm–2:45pm	BREAKOUT SESSION 4: <ul style="list-style-type: none">• PRETEENS (AGE 8-12)• TWEENS (AGE 13- 15)• TEENS (AGE 16 - 18)• EMPOWER ME (MOMS ONLY) PANEL DISCUSSION
2:45pm–3:45pm	MARKETPLACE (VENDORS & PHOTOBOOTH)
3:45pm–4:45pm	PRETTY WITH PURPOSE MOMMY AND ME FASHION SHOW
4:45pm–5:00pm	CLOSING REMARKS- STEPPING INTO OUR PURPOSE